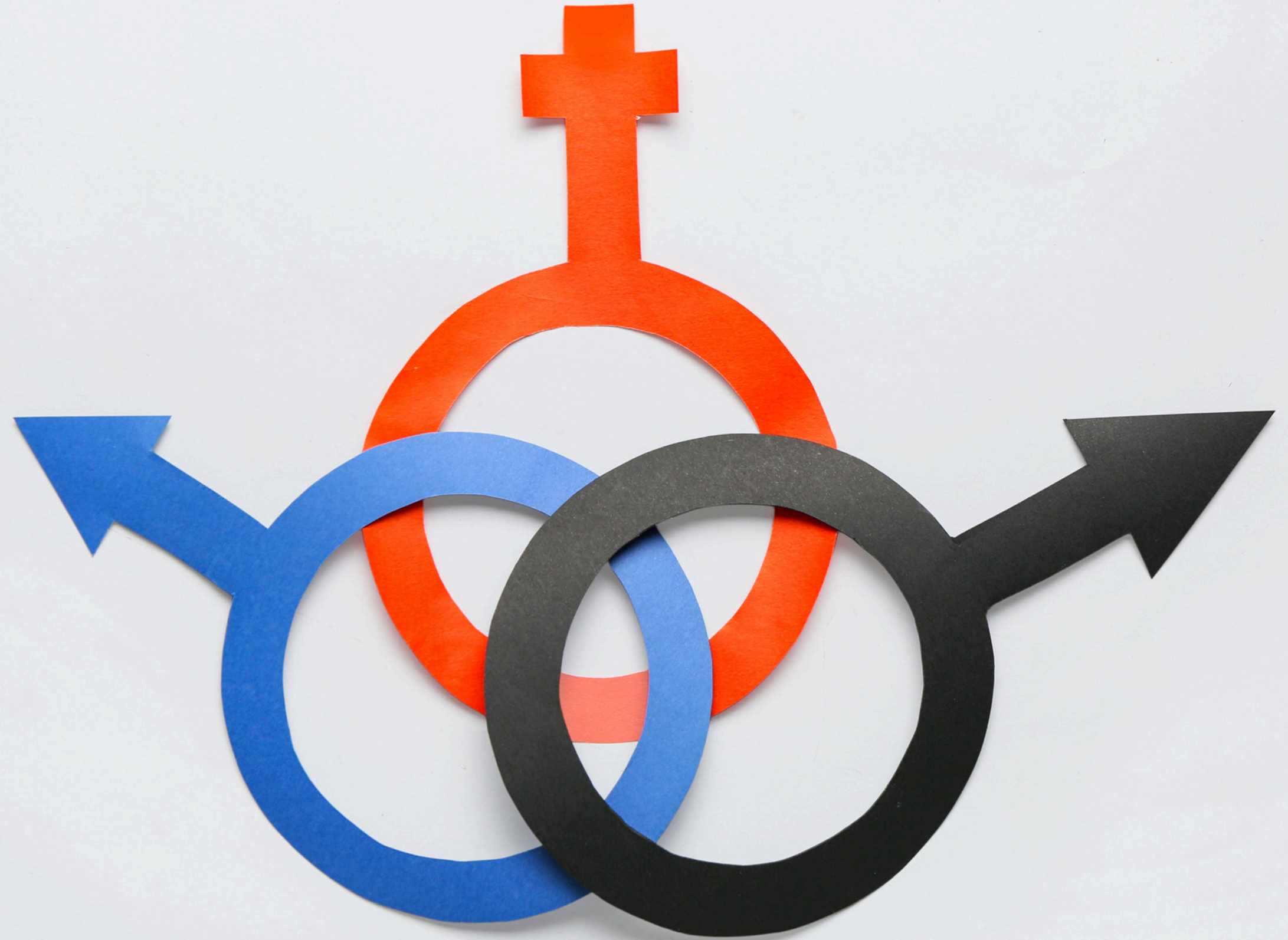


**EXPLORING THE
INTERSECTIONS OF
NON MONOGAMY AND SEX
WORK**

Kiley George

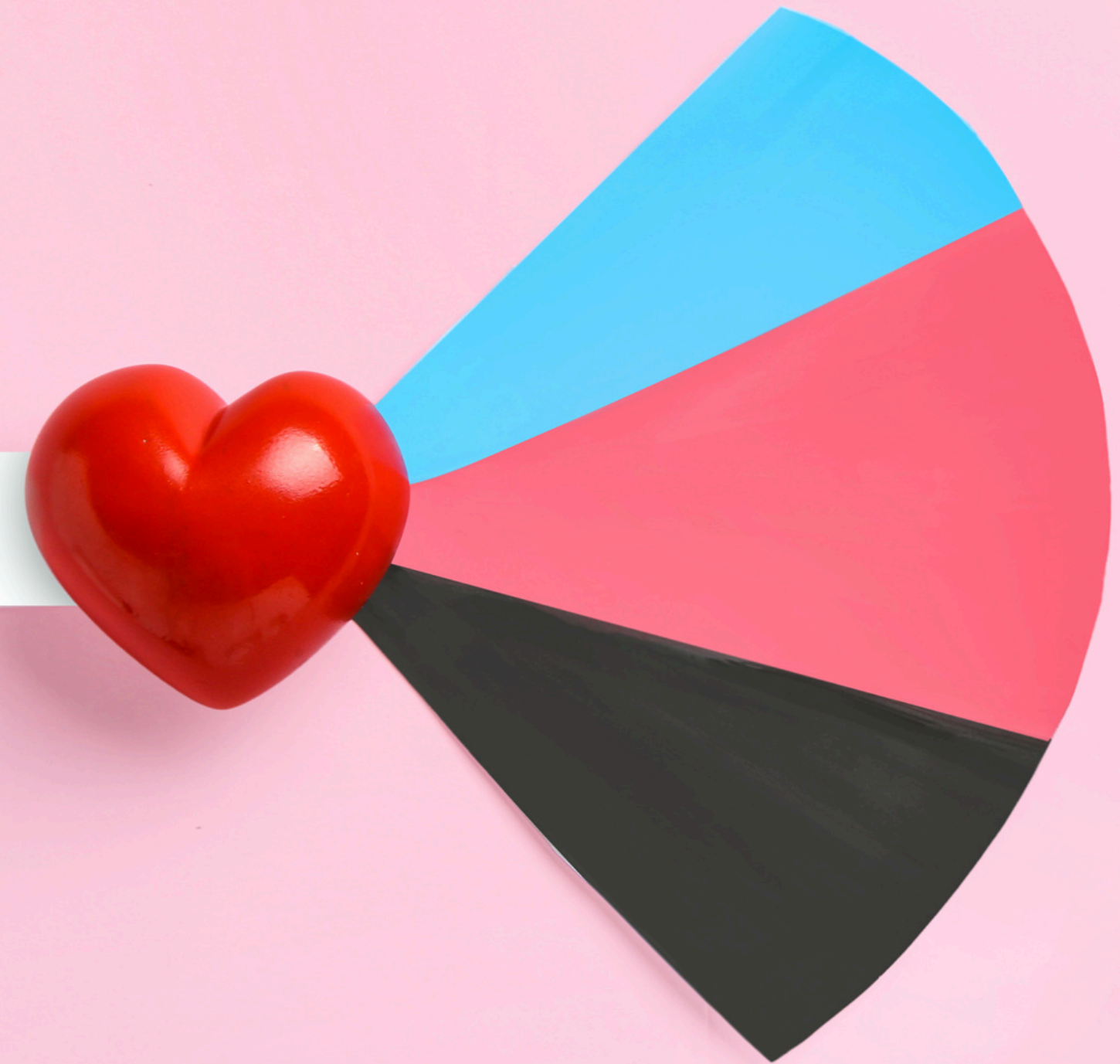
CONTENTS

Today we're gonna talk about how non-monogamy and sex work intersect, bringing insight and practical tools to build real connections and supportive communities. We'll address common challenges, like managing jealousy, setting clear boundaries, and overcoming stigma, equipping you with actionable strategies to navigate these issues and create healthier, more fulfilling relationships.



KEY TERMS IN NON MONOGAMY

- ***Polyamory:*** *Engaging in multiple romantic relationships simultaneously with the informed consent of everyone involved.*
 - *Polyamory often emphasizes deep emotional connections with more than one partner and can include committed, long-term partnerships.*
- ***Open Relationships:*** *A relationship where partners agree to be sexually or romantically involved with others outside their primary partnership.*
 - *Open relationships vary widely; some focus on casual sexual experiences, while others allow for romantic connections with additional partners.*
- ***Swinging:*** *A practice where individuals or couples engage in consensual sexual experiences with others, often in social settings designed for this purpose.*
 - *Swinging generally centers on recreational sexual encounters rather than ongoing romantic relationships, and is often structured with clear boundaries set by the primary couple.*





ADDRESSING THE STIGMA

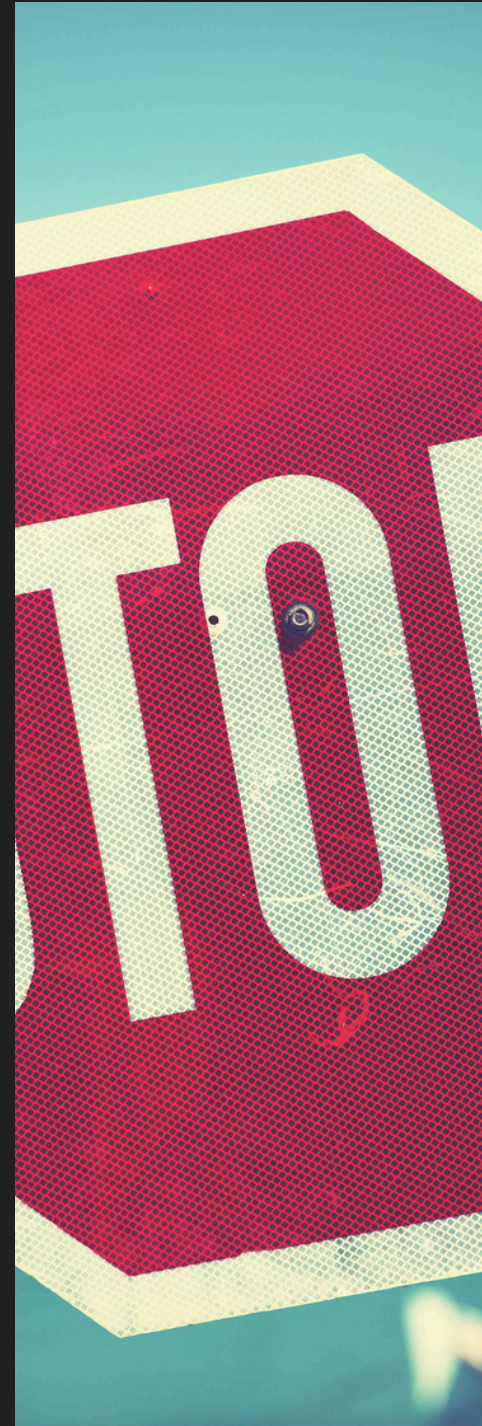
- Non-monogamy and sex work are often misunderstood, leading to stigma and misconceptions.
- *Myth:* Non-monogamous relationships lack commitment.
- *Reality:* Many are deeply committed, with open communication, boundaries, and mutual support fostering stable relationships.
- *Myth:* Non-monogamy and sex work are “immoral” or “degrading.”
- *Reality:* Both are based on consent and autonomy, allowing people to pursue authentic connections that align with their values.
- *Myth:* Non-monogamy and sex work are temporary or “just a phase.”
- *Reality:* For many, these are fulfilling, long-term expressions of identity and community.
- *Myth:* Practitioners are isolated and unsupported.
- *Reality:* Strong, supportive communities exist, providing resources and solidarity.

CHALLENGES



JEALOUSY

Navigating jealousy requires trust, open communication, and clear boundaries.



BALANCING BOUNDARIES

Separating personal and professional relationships is essential for well-being.



STIGMA

Facing societal judgment can be isolating; support networks and education help build understanding.

BENEFITS



FREEDOM

The ability to form varied, fulfilling connections beyond conventional limits.



PERSONAL EXPLORATION

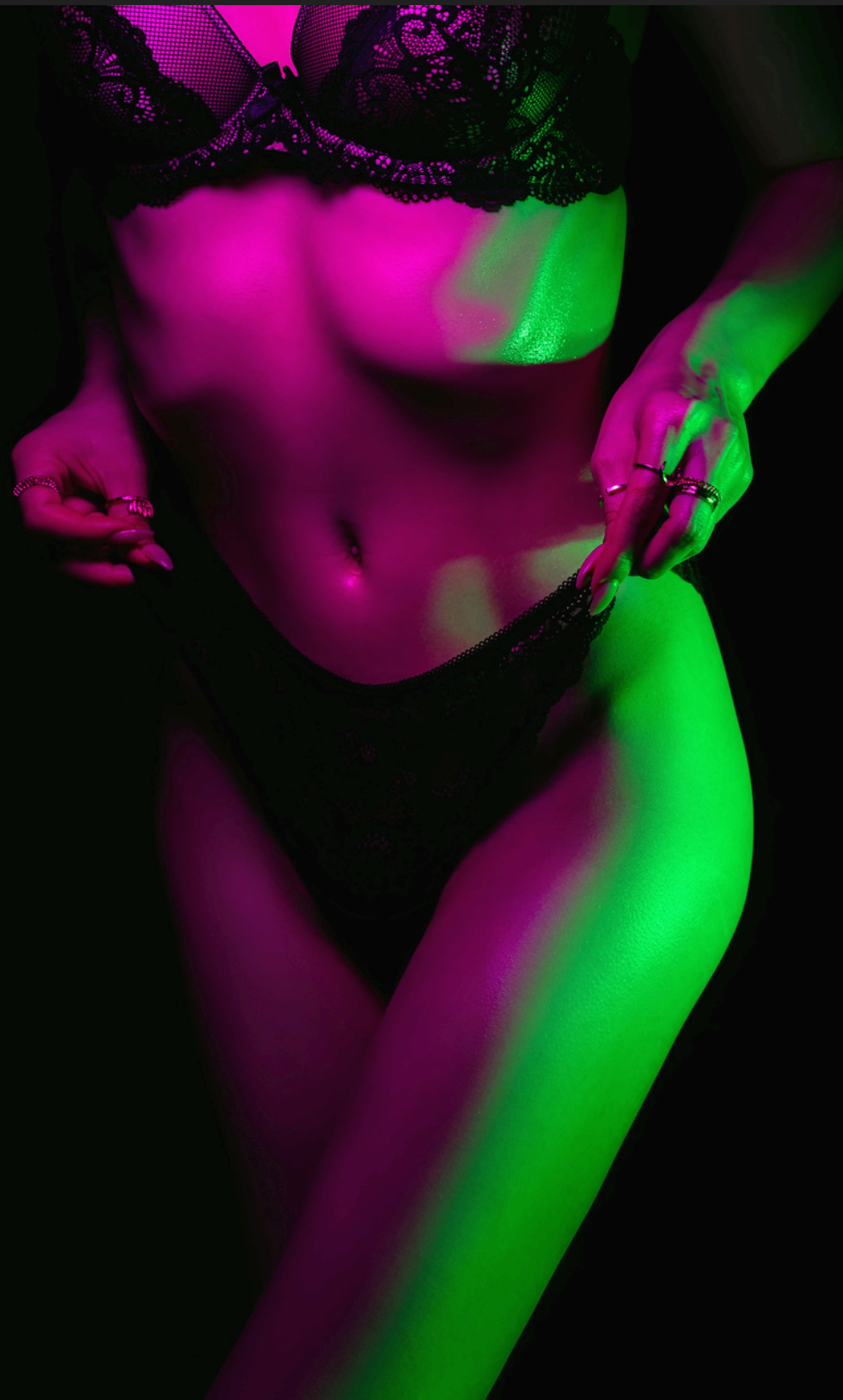
Opportunities for self-discovery and understanding unique desires.



SUPPORTIVE RELATIONSHIPS

Access to communities that value authenticity, connection, and shared growth.

STORYTIME



As a dancer I've found that many of my coworkers are open to exploring their sexuality in Swinger/Private Social Clubs. We tend to have a sex positive mindset. Working in a strip club gives me access to supportive coworkers who rarely judge me based on my sexual escapades. Working in a sex positive environment with little stigma has helped me feel more empowered as a non monogamous person.

BUILDING

COMMUNICATION

SKILLS

- *Scenerio:* A stripper is navigating non-monogamous relationships and struggles with feelings of jealousy when her partner connects with others.
- *Challenge:* She worries that her partner's additional relationships might undermine their bond, leading to insecurity. She works late nights and has some time constraints when it comes to dating.
- *Solution:* Through open discussions about boundaries and her own needs, she learns to voice her feelings honestly, creating space for her and her partner to support each other.
- *Outcome:* Non-monogamy provides her with a framework for authenticity, allowing both partners to embrace their desires and deepen trust.



- **Empowered consent** means actively giving and receiving clear, enthusiastic permission for each interaction, with continuous communication—especially valuable in both non-monogamous relationships and sex work.
- As a non-monogamous stripper, applying consent principles with clients helps reinforce boundaries. Before each session, openly communicate your comfort levels and boundaries to ensure clarity and respect, fostering a professional space where everyone feels acknowledged.
- **Clearly express your professional boundaries and personal limits:** Be upfront about what you're comfortable with to create a respectful foundation.
- **Ask open-ended questions to gauge clients' expectations and comfort:** Invite clients to share their needs and ensure mutual understanding.
- **Confirm that consent is enthusiastic, mutual, and can be adjusted anytime:** Reassure that consent is flexible and can be revisited as needed.



BUILDING COMMUNITY AND

FINDING SUPPORT



- **Strength In Community:** Engaging with others in non-monogamous and sex work communities offers support, shared experiences, and mutual understanding.
- **Resources:** Books (The Ethical Slut, The Joy Of Consent, Polysecure, More Than 2), online forums (Reddit or FetLife communities), and advocacy groups like Woodhull Freedom Foundation or SWOP (Sex Workers Outreach Project).
- **Recognize the Courage:** Acknowledge the bravery it takes to seek out supportive networks, affirming that each step toward connection helps to cultivate personal growth and empowerment.



KEY TAKE AWAYS

- **Embrace openness and authenticity in all connections.**
- **Use honest dialogue to strengthen relationships.**
- **Practice enthusiastic, ongoing consent for mutual respect.**
- **Build connections within non-monogamous and sex work communities for resilience and shared growth.**

- **Take these insights forward, applying them in daily interactions and relationships. Each step helps create a more empowered and authentic life.**

**THANK YOU FOR YOUR ENGAGEMENT
AND OPENNESS.**

**I INVITE ANY FINAL THOUGHTS OR
REFLECTIONS AS WE CONCLUDE.**